

# Family Caregiver Program

The program offers educational workshops to assist and provide strategies for caregiving

## Location:

Hoag Neurosciences Institute  
Neurosciences Conference Room, 3rd Fl.  
3900 Pacific Coast Hwy, Bldg 44  
Newport Beach, CA 92663

Date: 2nd Tuesday of the month

Time: 1:30-3 p.m.

Register: 800/400-HOAG (4624)

## Topics

4/8/14      **Introduction to Hoarding**

5/13/14      **Support Group**

6/10/14      **Down with Falls**

7/8/14      **Support Group**

8/12/14      **CARES Program: Education, support & care for patients and families dealing with serious illness**

9/9/14      **Support Group**

10/14/14      **Resources: What's available for caregivers in Orange County**

11/11/14      **Support Group**

12/9/14      **Yoga and Mindfulness**

## Speakers

Michelle Yerke, MSG, Care Manager,  
HB Senior Outreach,  
City of Huntington Beach

Beth Yetzer, Down with Fall Coalition

CARES Team

Karin Little, Caregiver Resource Center

Nichole Hyink, R.N.